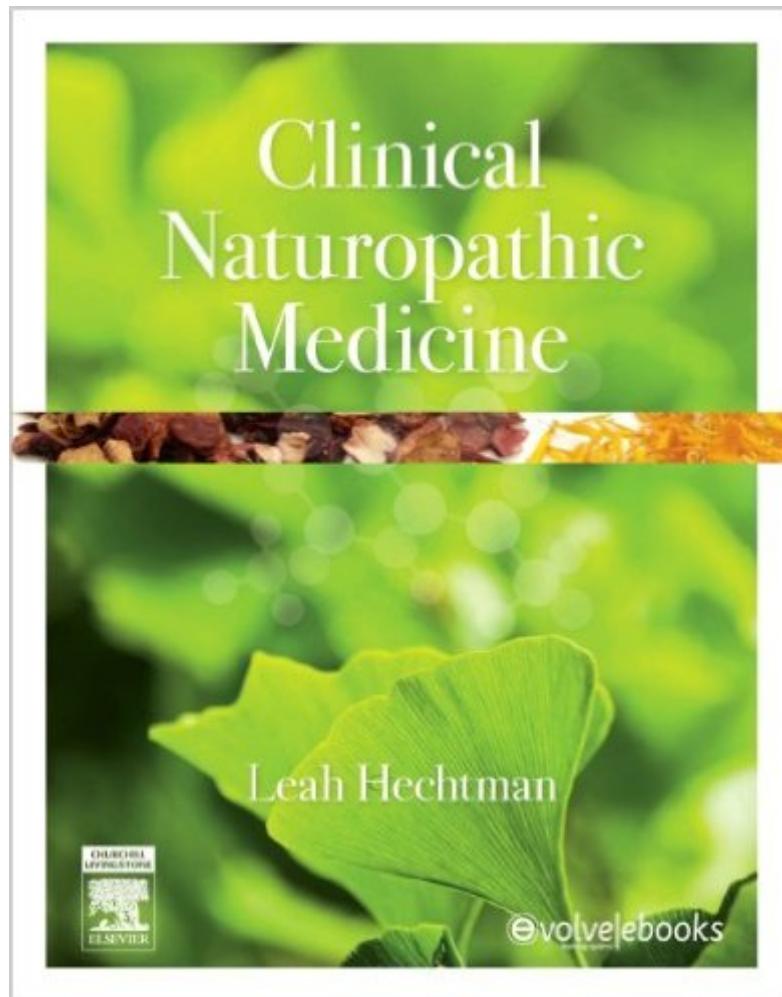


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# Clinical Naturopathic Medicine, 1e



## **Synopsis**

Clinical Naturopathic Medicine is a foundation clinical text integrating the holistic traditional principles of naturopathic philosophy with the scientific rigour of evidence-based medicine (EBM) to support contemporary practices and principles. The text addresses all systems of the body and their related common conditions, with clear, accessible directions outlining how a practitioner can understand health from a naturopathic perspective and apply naturopathic medicines to treat patients individually. These treatments include herbal medicine, nutritional medicine and lifestyle recommendations. All chapters are structured by system and then by condition, so readers are easily able to navigate the content by chapter and heading structure. The content is designed for naturopathic practitioners and students (both undergraduate and postgraduate levels) and for medical and allied health professionals with an interest in integrative naturopathic medicine. Detailed coverage of naturopathic treatments provides readers with a solid understanding of the major therapeutic modalities used within naturopathic medicine each system is reviewed from both naturopathic and mainstream medical perspectives to correlate the variations and synergies of treatment only clinically efficacious and evidence-based treatments have been included information is rigorously researched (over 7500 references) from both traditional texts and recent research papers the content skilfully bridges traditional practice and EBM to support confident practitioners within the current health care system

## **Book Information**

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## **Customer Reviews**

I gave this five stars due to its usefulness in student clinic. I use the kindle version and the table of contents is hard. You will have to go to the organ system first. Once you click that and are taken there, then you will find the links for the different diseases. It does an excellent job of walking you through everything and includes various treatment options. Well referenced. I actually would recommend this one over the often recommended Textbook of natural medicine. I would recommend getting The Clinician's Handbook of Natural Medicine as a quick reference with this textbook for more in depth. Combine those two with the 5 minute clinical consult for your allopathic overview and you will be set nicely.

Clinical Naturopathic Medicine is a very thoroughly researched text book on naturopathic medicine. It is evidence-based and gives the reader explanations for the causes of many conditions and both medical and natural treatments. It should be included as a text in any naturopathic classes and should be a reference on the shelf of any natural practitioner.

Excellent book, I use it all the time. Well formatted and easy to understand whether you are after a quick explanation or more detailed information. I was a little worried about spending the money but I use it all the time especially since having a baby.

Very good book, a general review about the most conventional topics in naturopathic medicine. But you can see the bias of the "medica industry", like always. Im a professor and the director of a naturopathic medicine school.

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